

**JOURNEY TO**

**FAMILY**

**CONSECRATION**

**TO THE HOLY**

**FAMILY**

**(WEEK 2)**



**BROTHERHOOD OF CHRISTIAN  
BUSINESSMEN & PROFESSIONALS**



"No family drops down from heaven perfectly formed; families need constantly to grow and mature in the ability to love."

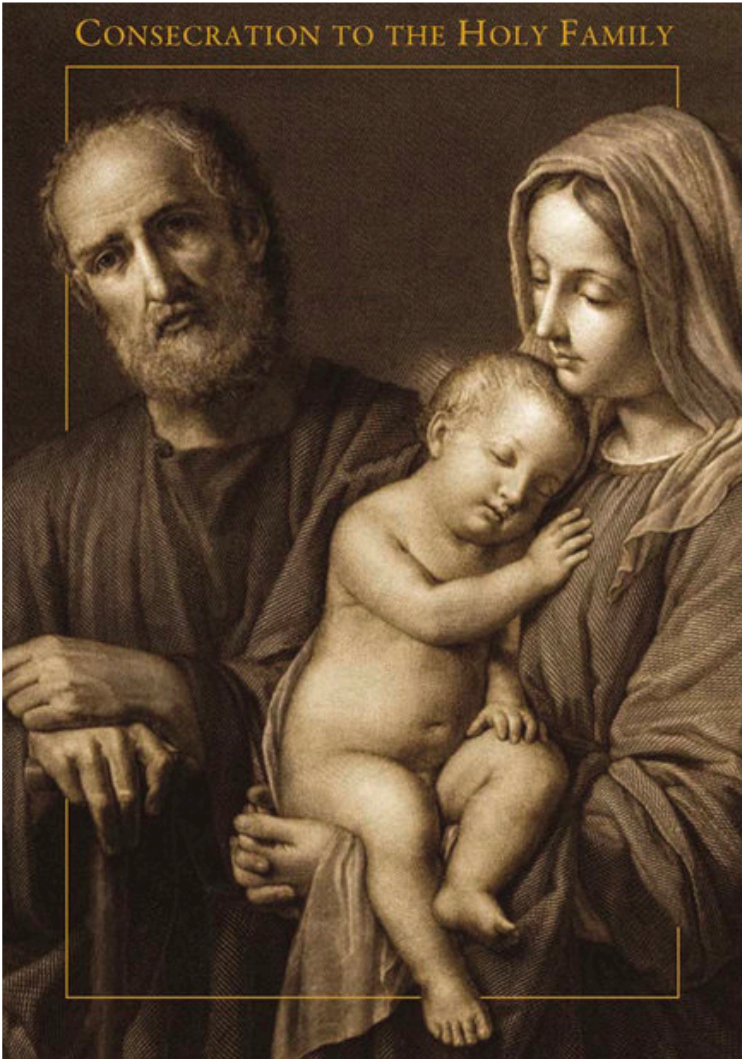
**BY POPE FRANCIS**

"The best way to bring Jesus back again into the family life is to consecrate the family to the sacred heart of Jesus, through Mary. Great changes happen to the family after the consecration."

**BY ST. TERESA OF CALCUTTA**



## CONSECRATION TO THE HOLY FAMILY



O Lord Jesus,  
you lived in the home of Mary and Joseph in Nazareth.  
There you grew in age, wisdom and grace  
as you prepared to fulfill your mission  
as our Redeemer.  
*We entrust our family to you.*

O Blessed Mary,  
you are the Mother of our Savior.  
At Nazareth you cared for Jesus  
and nurtured him in the peace and joy of your home.  
*We entrust our family to you.*

O Saint Joseph,  
you provided a secure and loving home for Jesus and Mary,  
and gave us a model of fatherhood  
while showing us the dignity of work.  
*We entrust our family to you.*

Holy Family,  
we consecrate ourselves and our family to you.  
May we be completely united  
in a love that is lasting, faithful  
and open to the gift of new life.  
Help us to grow in virtue,  
to forgive one another from our hearts,  
and to live in peace all our days.  
Keep us strong in faith, persevering in prayer,  
diligent in our work, and generous toward those in need.  
May our home, O Holy Family,  
truly become a domestic church  
where we reflect your example in our daily life. Amen.  
*Jesus, Mary and Joseph, pray for us!*



Prayer composed by Archbishop William E. Lori of Baltimore, Supreme Chaplain.

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# WEEK 2. UNITED IN A LOVE THAT IS LASTING & FAITHFUL, LIVING IN PEACE ALL OUR DAYS

## OPENING PRAYER



1 Peter 3:8 "Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble."

Dear God, thank you for the gift of family that you have given to us. You know what are in the hearts of our family members. Maybe there may be hurts, resentments or unspoken words. This may even cause some disharmony, distance from one another and even silence in our family.

Lord, You alone can see the hearts of Your followers as You have created each and every one of us and called us by name. We ask for your Holy Spirit to enkindle our lukewarm spirits towards each of our family. We dispel any spirit of disunity that may cause division among us. Restore our love for one another. Help us appreciate this special gift of being a part of and belonging to a family.

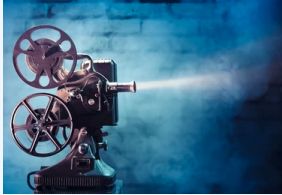
Jesus, you are love itself, fill each one of us with your love so that we can spread it to one another and witness to Your ever-abiding presence in our lives.

Jesus, Mary and Joseph, we entrust our family to you. Amen.



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Unity in the family does not automatically happen! Regardless of position in the family (parent or sibling, gender or age), each of the members has something to contribute to keep the family strong, united in love and living in harmony. We invite you to watch these two videos (an American and a Filipino family) and look at some examples from these families.



1. Meet the KREBS Family

[https://www.youtube.com/watch?v=R\\_jEwoi9RCs&list=WL&index=32](https://www.youtube.com/watch?v=R_jEwoi9RCs&list=WL&index=32)

2. Listen to Five Lessons my Dad Taught Me by Beth Ginete & Family (BCBP Makati Chapter)

<https://drive.google.com/file/d/1NiLd5b1pbuEw3bTW7SQi7c7H8O7sIRUZ/view?usp=sharing>

- a. Put God first.
- b. Learn the value of money and help others
- c. Remain humble & compassionate.
- d. Remember & celebrate milestones.
- e. Be grateful & serve!

# FAMILY ACTIVITY

1. Prepare Pen and Paper (1/4 sheet)
2. A series of questions (list to be given to leader only) will be asked by the leader and each one should write down the name of the family member who best fits it.
3. Each member shows their answer before the next question is asked.

## **SAMPLE QUESTIONS:**

- \* Who is the go-to member (most approachable)
- \* Who is the most thoughtful (remember occasions, giving)
- \* Who is the wackiest, "never-a-dull-moment", funny member
- \* Who is most likely to get a traffic ticket
- \* Who has the most talents (enumerate to that person)
- \* Who stays in the bathroom the longest
- \* Who sleeps the longest
- \* If there's just one, what family tradition do you like most to keep and pass on to coming generations
- \* What is your family's Password, if any?
- \* Name 3 words or phrases, that you would consider as regular in your Family Vocabulary
- \* If your family was compared to a PLANT or a TREE, what will it be?
- \* What you want your family to be remembered about.. Legacy!

# REFLECTION

Reflection Time (solo or group) : *Psalm 133:1 "How good and pleasant it is, when God's people live together in unity."*

Choose among the following:

- Show Synergy in Family video <https://youtu.be/8EPV79kLbfw>
- Choose any song of Unity and sing it!

Think of a song about Unity or being Together and sing 2 or 3 verses, each one after the other. (Ex. Reunited, Hinematomov, Lean on Me, Come Together, Love will keep us together, Together Forever, We're all in this Together etc.)

Share about your take away after today's session?

# CLOSING PRAYER



Say a prayer of thanks to be started by the Father...

Thank you Father God for gathering our Family today.

Mother continues: We praise and honor you for our the gift of our family...

Child one...

Child two ...

Child three....

All: Jesus, Mary and Joseph, lead us to be united in a love that is lasting and faithful, living in peace all our days. We entrust our family to you. Amen.

# HOMEWORK

I JUST WROTE TO SAY "I LOVE YOU". (To be done within the week)

Using the LETTERS of the names of your family members, write a note to honor each of them or to tell them how much you appreciate them. Find time to give this note, or send this message to them by SMS, PM, or email.

































